Robin Ruddy Bio:

It has been said that each of us can do at least one thing better than ten thousand other people. Thankfully, Robin Ruddy found her one thing when, at age seven, she started learning to play stringed instruments. Since she learned the ukulele at age 7, she has added guitar, banjo, dobro and pedal steel among others. She has toured with Rod Stewart, Shania Twain, Ray Stevens and other top tier artists, won a Grammy, built a thriving career in Nashville, and seen the highs and lows of life, all while observing and writing about it at the highest level.

Born and raised in Miami, Florida, Robin had a mostly beatific upbringing. Her father and mother were supportive of her musical dreams and encouraged them. When, at age 10, she decided that she wanted to learn how to play guitar, her parents told her that if she learned three songs by Christmas, they would buy her one. She did just that and played the songs for her mom and dad. "It was my first audition," she says with a smile, "And I passed it!"

She and her beloved husband, Larry Sheridan, built a life together in Nashville and had a sizable impact on the music community there. When Larry passed away recently, Robin did what songwriters do in times of great sadness: she began to write and record to not only assuage her grief but to help others who may be walking the same difficult and sometimes dark path. Robin's new project, Healing Happens, will be released in the spring of 2023.

"My hope," she says, "Is that if I have to go through this it can somehow be used for good."